

The Annual 5K Salmon Run



9:30 a.m. Registration 10:00 a.m. 5K Timed Run
Ovenell's Heritage Inn & Double O Ranch
46276 Concrete Sauk Valley Road, Concrete
Through a 250-acre ranch along the Skagit River

Registration Form

Full Name: _____ Date: _____

Gender: Male / Female (circle one) Age: (on race day) _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone: () _____ Email: _____

Event Information: Ovenell Heritage Inn and Double O Ranch are sponsoring the Annual 5K Salmon Run & Nature Walk in conjunction with the Skagit Eagle Festival. The trails will take you through 250 acres of beautiful timber and pasture land along the winter scenery of the Skagit River. You'll have the opportunity to see eagles, osprey, deer, elk, and beavers. Each participant's entry fee includes a knit hat or neck gaiter, a healthy snack, bonfire, and hot cocoa.

Race Fee: 5K Registration \$20. Please indicate payment method:

Cash, Check, or Moneyorder payable to Concrete Chamber of Commerce.

Event Disclaimer: I assume all risks associated with running in this event including but not limited to falls, contact with other participants, the effects of the weather including high/low temperatures, the conditions of the terrain of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release Double O Ranch, Ovenell's Heritage Inn, and the Concrete Chamber of Commerce, all sponsors and contributors, volunteers, their representatives and successors from all claims or liability of any kind arising out of my participation in this event even though the liability may raise out of negligence or carelessness on the part of the person named in this waiver. I grant my permission to all of the foregoing to use photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Parent's signature is required if entrant is under 18 years of age. This is to certify that my child has the permission to compete in the event, is in good physical condition, and the event officials may authorize necessary emergency medical treatment. By signing this application, I am stating that I have read and agree to these terms and conditions.

I AGREE

Sign here: _____